

Brief for Arts Organisations & Artists to work with groups of 'at-risk' young people as part of *The ICE Project*, Year 3

Project Information

ICE - Inspire // Create // Exchange - aims to address and explore important mental health issues in young people using high-quality arts and culture. The project will measure impact and share positive outcomes, and in doing so will seek to influence organisational change. For each phase or project group, there will be three stages: *Inspire* - an inspiration point, such as a trip to a cultural venue or event; *Create* - a participation phase such as regular workshops with professional artists, musicians or cultural practitioners; and finally, *Exchange* - showcasing opportunities, such as performance, exhibitions or online sharing of work created.

Through engaging in high quality arts and cultural programmes, the partners and investors HCT, Artswork and Hampshire CAMHS aim to promote positive mental health, build young people's emotional resilience and to create content, tools and resources for other young people.

Background

For *The ICE Project* Year 1 in 2017/18 arts activity was delivered to over 100 at-risk young people across Hampshire, via a range of arts and youth organisations. For Year 2 in 2018/19, activity was delivered to a further 90 at-risk young people. More information can be found here: www.hampshireculturaltrust.org.uk/the-ice-project

There is growing recognition that young people face many demands and pressures in life and that this may lead to episodes of crisis which impact on young people's health, wellbeing and safety. There are a number of young people that have been identified as being at greater risk of episodes of crisis. These are the groups we would like to work with in *The ICE Project*. Through the project strand working with 'at-risk' young people we aim to have a positive impact around prevention of mental health issues, by maintaining wellness and psychological health.

In Year 3, we would ideally like a range of art-forms delivered with a range of youth partners, across the county. We would expect to work with between 10 - 15 young people per group.

Identified 'at-risk' groups

The ICE Project lead partners will approach relevant youth organisations, this may include the following groups: Looked After young people, those on the Autistic spectrum, those that identify as lesbian, gay, bisexual and transgender (LGBT), young people who have been bereaved, young carers, young people with mental health difficulties. We will then match arts organisations or artists to suitable groups, depending on their needs and preferences.

Timeline

We would like the majority of 10 week interventions to be delivered in Autumn term 2019. However, some may be delivered in Spring term 2020. Work will be showcased in a celebration event on 24 March 2020.

Arts Award

It is a requirement of the funders that Arts Award is delivered as part of this activity, either at Explore or Bronze level. Training can be arranged if required. Arts Award is a nationally recognised qualification, which is creative, valuable and accessible.

Fee:

The budget per strand (e.g. per at-risk group) has been set as follows:

Inspire day/s - £750

Create workshops x 10 (£200 half day rate per session) - £2000

Exchange - (to include materials) £250

Total available per strand is £3,000 (inclusive of VAT)

We are looking to commission 10 strands of activity with 'at-risk' groups of young people around Hampshire in 2019/20.

How to Respond:

Please reply by email, with a short proposal (no more than 2 sides of A4) of the arts intervention you would run, including each ICE phase 'Inspire / Create / Exchange', along with your suggested theme, approach, resources, incorporation of Arts Award, any preferred location and your budget inclusive of VAT.

We are inviting expressions of interest by Mon 10 June and will then be in touch by 17 June to develop proposals and confirm which projects go ahead for Year 3, please respond to Charlotte Slinger, Community Projects Manager at HCT: charlotte.slinger@hampshireculturaltrust.org.uk or for an informal conversation call 01962 678185.

Please be available on Friday 21 June for a meeting and informal interview.