



INSPIRE – CREATE – EXCHANGE

## ICE HERITAGE

2021–2023



### JOIN OUR FREE INSPIRE DAYS & TAKE PART IN A RANGE OF ART ACTIVITIES

Our INSPIRE days are developed in partnership with Hampshire CAMHS and delivered by professional artists in informal settings, taking place across Hampshire Cultural Trust's friendly community museums. These days offer young people a chance to try out new art forms and meet others who have previously taken part in our ten-week high quality CREATE & EXCHANGE programmes which begin again in Autumn 2022.

#### ALDERSHOT MILITARY MUSEUM

Saturday 23 July

10am – 2pm

#### WESTBURY MANOR MUSEUM (FAREHAM)

Saturday 24 September

10am – 2pm

#### ANDOVER MUSEUM

Sunday 25 September

10am – 2pm

#### HOW TO GET INVOLVED

- You need to be aged 11–18 years
- You need to be known to Hampshire CAMHS: currently receiving treatment, on the waiting list or recently discharged.

If you would like to register for an INSPIRE day please complete the registration form and send directly to [spnt.hantscamhsinnovation@nhs.net](mailto:spnt.hantscamhsinnovation@nhs.net) or via your CAMHS coordinator.

